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1 **Evaluation of puffing quality of Australian desi chickpeas by different physical attributes.**

2

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18

Abstract

19 Puffing involves roasting grains or legumes in hot sand without oil for a short time resulting
20 in a popped type of healthy snack food. The aim of the present study was to understand the
21 range of puffing ability of Australian desi chickpea genotypes. Calculations for puffing
22 yield, expansion volume and puff size from the literature were applied to our samples. In
23 addition, it was necessary to develop a new formula to measure the ratio of seed expansion
24 without bias from puffing yield to compare the performance of our samples. This was
25 necessary because their puffing yields were generally low relative to more established puffed
26 products such as popcorn. Kyabra was identified as a superior puffing genotype (52% seeds
27 puffed and 0.67-2.09 mL/g expansion volume), whilst Line 4 had the greatest seed expansion
28 (0.62 mL/seed at 25 °C), but with a low puffing yield (7-11%). Storage temperature was
29 investigated and cooler storage was found to generally hinder the puffing yield of chickpea.
30 Australian chickpeas were found to have a range of puffing performance, which suggests that
31 potential exists within the genetic pool to improve both the puffing yield and the expansion
32 volume of seeds for this snack food market.

33

Keywords

35 grain legume; puffing yield; snack food; seed size; expansion volume

36

37

38 1. Introduction

39 Chickpeas (*Cicer arietinum* L.) are the second largest cultivated legume in the world
40 (Varshney et al., 2013) and are available as small-seeded desi (brown-coloured with a
41 wrinkled seed-coat) and bold-seeded kabuli (cream-colored with a smooth seed-coat).
42 Chickpeas are processed in a variety of ways e.g. puffing, roasting, splitting, frying, canning,
43 and boiling. Puffing of desi chickpeas has been practised for many years in the Indian sub-
44 continent, Asia, Africa and the Middle East. Puffing whole chickpea seeds in sand is a
45 traditional processing method in India, especially in the South. Puffing is a cooking method
46 where whole chickpeas are popped in hot sand without oil, resulting in seeds with lower bulk
47 density and improved flavour.

48 The literature on puffing is dominated by studies on cereals such as: rice (Mahanta &
49 Bhattacharya, 2010), wheat (Fan, Hsieh, & Huff, 1999), sorghum (Singh & Srivastava, 1993),
50 and corn (Pordesimo, Anantheswaran, Fleischmann, Lin, & Hanna, 1990). In contrast, there
51 are few studies investigating chickpea puffing, despite widespread consumption of this
52 product. The literature on chickpea puffing is scant and mainly examines Indian desi
53 chickpea cultivars, with the latest one published in 2005 (Kaur, Singh, & Sodhi, 2005;
54 Pratape & Kurien, 1986; Singh et al., 1992), but there are none on Australian desi chickpeas.
55 It has been reported that bold seeded varieties of desi chickpeas with smooth surface are often
56 preferred in India for roasting and puffing (Kaur et al., 2005). This rounder-shaped desi with
57 a smooth seed coat is also called a *gulabi*-type chickpea (Wood & Knights, 2003). The
58 Australian chickpea breeding program does not currently select for *gulabi*-type chickpeas,
59 nor do they evaluate puffing performance (Wood, personal communication).

60 Various terms are used in the literature to describe the relative proportion of puffed to
61 unpuffed seeds. “Puffing yield” as reported in this study, focuses on the relative proportion of
62 puffed seeds by count (Pratape & Kurien, 1986; Singh et al., 1992), whereas “percent hard-

63 shelled grains” puts the emphasis on the unpuffed seeds (Kaur et al., 2005). The two values
64 are directly related as one can be determined from the other by subtracting from 100%. In
65 terms of quality of product, unpuffed seeds are undesirable as they are hard to chew, and can
66 be observed in a finished product due to seed coat retention and their somewhat darker
67 colour. Therefore puffing yield is important from a consumer perspective as the presence of
68 unpuffed seeds decreases the value and acceptability of the final product and high puffing
69 yield is important for processors trying to maximise returns.

70 The present work evaluates the puffing ability (“puffability”) of twelve Australian
71 desi chickpea genotypes from a single trial. The goal was to understand the range in
72 puffability of existing genetic material within the Australian breeding program. In order to
73 evaluate puffability, various methods of puffing performance were measured according to
74 methods in the existing literature. However, it became apparent that the existing calculations
75 for expansion volume were not adequately capturing the actual increase in expansion on
76 puffing due to bias by the puffing yield. Hence, we developed a new expansion volume
77 calculation independent of yield. Chickpea puffability can now be evaluated using two
78 independent traits of puffing; puffing yield and expansion volume. In addition, the effect of
79 two storage temperatures, 7.5 °C and 25 °C, on puffability was also examined.

80

81 **2. Materials and methods**

82 *2.1. Materials*

83 Twelve Australian desi chickpea samples were sourced from the 2012 Coonamble
84 National Variety Trial (NVT), Australia. They included eight breeding lines (Line 1 to Line
85 8) and four commercial varieties (Jimbour, PBA Boundary, PBA HatTrick, and Kyabra).
86 Composite samples (of three field replicates) were evaluated for each genotype.

87

88 2.2. *Sample storage*

89 Chickpea samples were stored for one month in airtight PET jars in cycling
90 temperature controlled cabinets (www.labec.com.au); half kept at 7.5 °C and the other half at
91 25 °C. Chickpeas stored at 7.5 °C temperature were transferred to the 25 °C temperature
92 controlled cabinets 72 hours prior to the actual puffing experiments for temperature
93 equalisation. The temperature of 25 °C was chosen as typical of “room temperature”, whereas
94 7.5 °C was chosen as a low contrasting temperature used in similar studies in India (Pratape,
95 V.M. personal communication).

96

97 2.3. *Physical properties of raw chickpea seeds*

98 Number, weight and seed size of raw chickpeas seeds (approx. 30 g) were recorded by
99 manually counting, weighing 100 seed weights of raw chickpea seeds. Results are expressed
100 as g/100 seeds. Seed volume was measured by placing seeds (approx. 30g) in a 100 mL
101 graduated measuring cylinder and reading the height of seeds. These methods are prescribed
102 by the International Seed Testing Association (ISTA,
103 <http://www.treeseedfa.org/uploaddocuments/IntroductiontoSeedTesting.pdf>).

104

105 2.4. *Puffing process*

106 The puffing method (conducted in batches) was adapted from the method of Pratape
107 and Kurien (1986) to obtain chickpea products with maximum expansion and minimal
108 burning. This method follows the standard processing conditions for puffing chickpeas in
109 India. Briefly, whole chickpea seeds (30 g) were heated to 140 °C in sand (chickpea: sand,
110 1:5 weight:weight) for 2 min in an open iron *kadai* (purchased from a local store in India) and
111 then tempered (wrapped in a piece of cheesecloth) to equilibrate to room temperature for 100
112 min. The tempered seeds, held in a perforated strainer, were momentarily dipped in water at

113 room temperature, drained and tipped into hot sand (230 °C) until the seeds started puffing
114 and promptly removed to avoid burning. The distinct “pop” sound with characteristic puffed,
115 roasted aroma at the final stage indicated that the chickpeas had been puffed successfully.

116

117 *2.5. Puffing quality traits*

118 As there was no clear criteria in the literature for distinguishing between puffed and
119 unpuffed chickpeas, the following criteria was developed in this study to identify each
120 successfully puffed seed within the sample: a puffed seed had a cracked or missing outer
121 husk, with visible golden-yellow coloured cotyledon and an expanded volume. Visually
122 determining expansion is challenging as some chickpea seeds may not expand greatly (see
123 Section 3.2.1, below), although there is a visible crack in the outer husk. Figure 1 illustrates
124 three examples of puffed chickpeas displaying variability in appearance following puffing.

125 After puffing, the puffed and unpuffed chickpea seeds were separated and counted.
126 Volumes of puffed and unpuffed chickpeas were determined using 50 and 100 mL graduated
127 measuring cylinder, respectively, and their respective weights and volumes recorded. All
128 measurements were recorded in triplicate and then mean, standard deviations, puffing yield,
129 puff size and expansion volume were calculated. The reduction in weight of chickpea seeds
130 due to puffing was also calculated by subtracting the initial weight of raw seeds from the
131 weight of puffed seeds.

132

133 *2.5.1. Puffing yield*

134 Puffing yield (%) provides a measure of the proportion of seeds that puff and is
135 calculated as:

136

$$137 \text{ Puffing yield} = \left(\frac{\text{Final number of puffed seeds}}{\text{Number of total seeds}} \right) \times 100 \text{ (Singh \& Srivastava, 1993)}$$

138

139 2.5.2. *Expansion volume*

140 Various measures of expansion volume (Sweley et al., 2012) have been reported in
141 the literature for popcorn (Dofing et al., 1990; Pordesimo et al., 1990; Wu & Schwartzberg,
142 1992) and popped sorghum (Gupta, Srivastava, & Srivastava, 1995).

143

144 *Expansion volume 1* = $\left(\frac{\text{Final volume of seeds after puffing (mL)}}{\text{Initial volume of raw seeds (mL)}}\right)$ (Wu & Schwartzberg,
145 1992)

146 where final volume of seeds after puffing is defined as the volume of all chickpeas (including
147 puffed and unpuffed together) from the original 30 g sample.

148

149 *Expansion volume 2* = $\left(\frac{\text{Total puffed volume (mL)}}{\text{Weight of puffed seeds (g)}}\right)$ (Pordesimo et al., 1990)

150 where total puffed volume is defined as the volume of only puffed chickpeas, separated from
151 the unpuffed seeds, and weight of puffed seeds is defined as the weight of the seeds that
152 successfully puffed.

153

154 *Expansion volume 3* = $\left(\frac{\text{Total puffed volume (mL)}}{\text{Original weight of raw seeds (g)}}\right)$ (Gupta et al., 1995)

155 where total puffed volume is defined as in the *Expansion volume 2* calculation.

156 A new calculation for expansion volume is proposed below:

157 *Expansion volume 4* = $\frac{\text{Total puffed volume (mL)}}{(\text{Puffing yield} \times \text{Initial volume of raw chickpeas (mL)})}$ or

158

159 *Expansion volume 4* = $\left(\frac{1}{\text{Puffing yield}} \times \frac{\text{Total puffed volume (mL)}}{\text{Initial volume of raw chickpeas (mL)}}\right)$

160 where total puffed volume is defined as in the *Expansion volume 2* calculation. The lower
161 calculation allows statistical analysis of the first and second parts of the equation separately
162 to avoid any trending of residuals which can occur with a very small denominator.

163

164 2.5.3. Puff size

165 Puff size is adopted from the “flake size” measurement for popping of corn and is
166 calculated as follows:

167

$$168 \text{ Puff size} = \left(\frac{\text{Total puffed volume (mL)}}{\text{Number of puffed seeds}} \right) \text{ (Pordesimo et al., 1990)}$$

169 Where, total puffed volume is defined in the equation, *Expansion volume 2*, above.

170

171 2.6. Statistical analyses

172 All analytical assessments were conducted in triplicate; results are expressed as mean
173 \pm one standard deviation (S.D.). Values given in tables and figures are the means of three
174 determinations, unless otherwise stated. The statistical significance of differences among the
175 genotypes and between the temperatures were evaluated by two-way analysis of variance
176 (ANOVA) using the SPSS Statistical Software, version 20 (SPSS Inc., Chicago, Illinois,
177 USA). Tukey’s honestly significant difference (HSD) multiple comparison procedure was
178 used to compare means at the 95% confidence level. The significance of the Pearson
179 correlation coefficients was assessed at the 95% confidence level.

180

181 3. Results and Discussion

182 3.1. Puffing yield

183 3.1.1. Genotypic differences in puffing yield

184 Puffing yields of twelve desi chickpea genotypes samples following storage at the two
185 different temperatures are presented in Figure 2. Temperature effects on puffing yield are
186 discussed separately (see below). Puffing yield data, averaged over temperature, are
187 presented in Table 1, showing significant variation among the different genotypes
188 investigated. The range in puffing yields of twelve Australian genotypes was 6-52% (Figure
189 2). Previous studies reported wide-ranging values for chickpea puffing yield: 62-68%
190 (Pratape & Kurien, 1986), 42-57% (Singh et al., 1992); 2-100% (Rao, Satpute, & Bera,
191 1995); and 40-58% (Kaur et al., 2005). The results from this study can also be compared with
192 a previous study evaluating the puffing properties of Indian and Australian desi chickpea
193 genotypes (Paul Mukhopadhyay et al., 2012), in which none of the four Australian genotypes
194 investigated showed any puffing ability.

195 For the puffing method used in this study, an acceptable puffing yield is 20%
196 (Unpublished results, CFTRI, 2012), however higher yields are preferable. Figure 2 shows
197 that Kyabra was clearly superior in terms of puffing yield, with 52% puffed seeds after
198 storage at 25 °C. Four other genotypes (Line 2, Line 6, Line 3 and Line 7) had reasonable
199 puffing yields of > 20%, again after storage at 25 °C. The worst performing genotypes were
200 PBA Boundary and Line 1, with < 10% seeds puffed. Attempts were made to improve the
201 puffing yield of the poorly performing genotypes, including incorporating a different kind of
202 pre-treatment consisting of alternate moisture wetting and drying, however no substantial
203 improvement in puffing yield was noted.

204 This study demonstrated significant variation in the puffing yield of these Australian
205 chickpeas. Genetic influence on puffing yield has been previously reported in other countries
206 (Pratape & Kurien, 1986; Singh et al., 1992) and Rao et al. (1995) calculated 95% heritability
207 for this trait. This suggests that there is potential within the Australian desi chickpea genetic
208 pool to breed new varieties with enhanced puffing ability.

209

210 *3.1.2. Effect of seed size on puffing yield*

211 Studies on puffing typically report 100 seed weight (or “seed weight”) and 100 seed
212 volume (or “seed volume”) as part of the physical characterisation of chickpea seed size
213 (Kaur et al., 2005; Rao et al., 1995; Singh et al., 1992). The related parameter, seed density,
214 was found not to vary in this study (approx. 1.2 g/mL, data not shown). Seed weight varied
215 from 18.9 g to 25.6 g (Figure 3). In previous studies, chickpea genotypes had seed weights of
216 12.6-31.4 g (6 varieties, (Singh et al., 1992)), 11.0-25.0 g (502 genotypes, (Rao et al., 1995))
217 and 12.5-16.8 g (5 cultivars, (Kaur et al., 2005)). It should be noted that in the study by Singh
218 et al. (1992), one sample, called “local variety”, had a seed weight of 31.4 g, while the
219 remaining 5 varieties had seed weights in the range 12.6-14.3 g. Comparing our data to
220 previous studies, Australian chickpeas have seed weights near the top of most reported
221 ranges, and substantially greater than the most recent study by Kaur et al. (2005).

222 In terms of the effect of seed weight on puffing yield, conflicting results have been
223 reported. Singh et al. (1992) found that the higher the seed weight, the higher the puffing
224 yield. On the other hand, Kaur et al. (2005) found a negative relationship between the two
225 parameters. In the present study, no trend was evident. However, all the genotypes that gave
226 puffing yields of > 20% had seed weights ≥ 24 g/100 seeds. In contrast, one genotype, Line 5,
227 had a seed weight of 25.6 g/100 seeds (the highest value) but had a puffing yield of only
228 13.9%. The conclusions of Singh et al. (1992) suggest that the seed size of all Australian
229 genotypes should have led to acceptable puffing yields, but this was not observed. This
230 suggests that there are aspects other than seed size that are influencing puffing yield of
231 Australian genotypes. One possible related explanation is that Australian desi chickpeas have
232 the traditional wrinkled angular seed shape, which is in contrast to smoother, rounder ‘pea’
233 seed shapes of *gulabi* types known to be preferred for puffing (Knights, Wood, & Harden,

234 2011). It is possible that the seed shape and associated contours of the seed coat or some other
235 unknown attribute of *gulabi* types could play a role in higher puffing yields.

236

237 *3.1.3. Puffing yield following storage at 7.5 °C or 25 °C*

238 Storage temperature had a significant impact on the final puffing yield (Table 2) with
239 up to seven of the genotypes negatively affected by storage at 7.5 °C (Figure 2). Of the six
240 genotypes (Line 8, Line 2, Line 6, Line 3, Line 7 and Kyabra) that showed puffing yield at ≥
241 20% after storage at 25 °C; only three out of them (Line 2, Line 3 and Kyabra) showed
242 similar puffability after storage at 7.5 °C (Figure 2). Jimbour, Line 5 and Line 4 showed no
243 significant differences in puffing yield after storage at either temperature. Kyabra was the
244 best puffing genotype with 52% and 36% seeds puffed after storage at 25 °C and 7.5 °C,
245 respectively. PBA Boundary and Line 1 displayed poor puffability, with less than 10% seeds
246 puffed for both storage temperatures.

247 No previous studies (to the best of our knowledge) have investigated the effect of
248 storage temperature on puffing yield and it is difficult to explain the results obtained in this
249 work. Known factors that impact on puffing yield are moisture content (Sweley et al., 2013),
250 protein and starch (both type and structure). Changes in moisture content may occur during
251 storage, but in this study the chickpeas were stored in airtight containers in controlled
252 humidity surroundings. It is possible that storage at 7.5 °C did result in adverse changes to
253 protein and/or starch structure, but further analyses were beyond the scope of this study.
254 Nevertheless, these results suggest that ambient temperature storage may be preferred for
255 chickpeas that are to be puffed.

256

257 *3.2. Expansion Volume*

258 *3.2.1. Genotypic differences in expansion volume*

259 Expansion volume aims to give a quantitative evaluation of the quality of puffed
260 products by relating the final volume to some other parameter, either weight (initial seed
261 weight or final puffed weight) or initial volume of seeds. Much of the literature on puffing
262 derives from studies on popcorn, and various equations for calculating expansion volume
263 have been devised depending on the quality aspect of interest. Expansion volume 1, above,
264 emphasises the change in volume on puffing by reporting expansion volume as the ratio of
265 final volume to initial volume of the entire sample. Equation 2 relates puffed volume to
266 puffed weight, and ignores any unpuffed sample, giving a measure of expansion volume that
267 may be useful for packaged products where the product is sold by weight (Sweley et al.,
268 2013). Equation 3 is the one most commonly found in the popcorn literature (Sweley et al.,
269 2013) and is used for calculating final puffed volume compared to initial weight, useful
270 where volume is the basis for sale (e.g. popcorn at movie theatres).

271 Expansion volumes calculated from equations 1-3 are given in Table 3 (where data
272 for the two different storage temperatures are presented). Values for expansion volume 1
273 ranged from 1.02 (Line 4) to 1.18 (Kyabra) for chickpeas stored at 25 °C. These are low
274 compared to previous reports in the literature where expansion volumes of around 1.5 (range
275 1.2 – 1.5) are found (Kaur et al., 2005; Rao et al., 1995; Unpublished results, CFTRI, 2012).
276 Values for expansion volume 2 (Table 3, 25 °C) ranged from 1.91 mL/g (Line 3) to 2.95
277 mL/g (Line 4). Although proposed in 1990, expansion volumes calculated by equation 2 are
278 rarely reported, however a recent study by Sweley et al. (2012), gives values of between 44
279 and 52 mL/g for popcorn hybrids. The considerable differences between chickpea expansion
280 volume 2 and those of popcorn are due to the fact that chickpeas do not expand as much as
281 popcorn kernels.

282 As noted above, expansion volume 3 is the most commonly quoted value to report
283 puffing quality for popped corn and other cereals. Table 3 shows values for Australian

284 chickpeas ranging from 0.17 mL/g (Line 1) to 1.02 mL/g (Kyabra) for a storage temperature
285 of 25 °C. By way of comparison, a recent study on popcorn reports expansion volumes of 43-
286 48 mL/g (Sweley et al., 2012). Two distinctions between popped corn and puffed chickpeas
287 are noted. Firstly, by these existing calculations of expansion volume, there are large
288 differences between chickpeas and popcorn. Secondly, equations 2 and 3 give similar results
289 for popcorn (Sweley et al., 2012), whereas there are considerable differences between the
290 values calculated for chickpeas. These differences can be traced to the low puffing yields of
291 chickpeas, which increase the denominator in equation 3 relative to that in equation 2, due to
292 the large number of unpuffed seeds.

293 The differences between chickpeas and other puffed products highlighted that puffing
294 performance actually involves two independent traits, puffing yield and the actual expansion
295 in seed size. Hence, we developed Equation 4 to capture the true expansion volume of seeds
296 without any bias from unpuffed seeds. As can be seen in Table 3, expansion volume 4 values
297 (25 °C storage) ranged from 1.36 (Line 3) to 1.97 (Line 4). It is now clear that some samples
298 can have a high expansion volume even though only a small portion of the sample puffed. If
299 ways could be found to increase the puffing yield of these lines, then they would be very
300 good puffing varieties. In contrast, Kyabra had the highest puffing yield but its seeds did not
301 expand in volume as much as many other samples examined in this study. The value of
302 calculating expansion volume 4 thus, is to identify genotypes that have the greatest increase
303 in volume due to puffing despite having a low puffing yield. This potential would have been
304 missed through previously established calculations of expansion volume.

305

306

307 *3.2.2. Effect of seed size on expansion volume*

308 Results of seed size of twelve Australian desi chickpeas and their individual
309 expansion volumes are presented in Figure 3 and Table 3, respectively. Comparisons between
310 these data and those in the literature can be made by considering the relationship between
311 seed size and expansion volume 1. Analysis of the data presented by Singh et al. (1992) and
312 Kaur et al. (2005) revealed no obvious trends between seed size and expansion volume 1.
313 These results are consistent with the data reported in this study. The largest seeds are those of
314 Line 5 and Line 7 (Figure 3) and these varieties have intermediate expansion volumes of 1.10
315 and 1.09, respectively (Table 3, 25 °C). Likewise the smallest seeds are those of PBA
316 Boundary and Line 8, which have expansion volume 1 values of 1.05 and 1.09, respectively.
317 Thus our data and previous reports in the literature indicate that seed size is not a good
318 predictor of expansion volume 1, just as it was not a good predictor of puffing yield (above).

319 Expansion volume 4 considers only that portion of the seeds that have puffed and as
320 such, it should be used to look for trends between seed size and expansion. Expansion
321 volume 4 values for the largest seeds (Line 5 and Line 7) are 1.67 and 1.47, both
322 intermediate. Expansion volumes 4 for the smallest seeds (PBA Boundary and Line 8) are
323 1.55 and 1.47, again intermediate. There is therefore no association between seed size and
324 expansion volume 4. It may be concluded that seed size bears no relationship to expansion
325 volume, no matter which way expansion volume is calculated.

326

327 *3.2.3. Expansion volume following storage at 7.5 °C or 25 °C*

328 Storage temperature had significant effects on expansion volumes of puffed chickpeas
329 calculated using formulas for 1 and 3, but not 2 and 4 (Table 2). Using expansion volume 1,
330 storage at 7.5 °C led to slightly higher results on average across the 12 genotypes (1.10 *cf*
331 1.08). On the other hand, using expansion volume 3, storage at 7.5 °C led to lower results on
332 average. These results are only significant due to the bias of the percentage of seeds that

333 puffed in the sample, since puffing yield itself is significantly different at the different storage
334 temperatures. Thus there is no consistent effect of storage temperature on expansion volume.
335 Genotype does seem to have an effect but is inconsistent (Table 3), which is why expansion
336 volume 4 is not significantly different for storage temperature. Since storage temperature of
337 seeds prior to puffing has little effect on expansion volume, ambient temperature storage is
338 likely to be the preferred storage temperature, especially given the generally adverse effect of
339 low temperature storage on puffing yield (above).

340

341 *3.3. Puff size*

342 *3.3.1. Genotypic differences in puff size*

343 Puff size is a measure of the final average puffed volume for each seed that
344 successfully puffed. This concept has been used to measure the “flake size” for popped corn
345 (Pordesimo et al., 1990); we apply it for the first time to puffed chickpeas. Significant
346 differences between some of the samples were observed for puff size but there was not a
347 great deal of variability (Table 1). Puff size ranged from 0.39 mL/seed to 0.62 mL/seed) after
348 storage at 25 °C (Table 3). Kyabra was identified as a variety that had the highest puffing
349 yield, yet the puff size of Kyabra was only intermediate at 0.49 mL/seed. The top performing
350 genotypes in terms of puff size were Line 5, Jimbour and Line 4, but their puffing yields were
351 low (Table 1).

352 Good puff size is important from the processing and consumer point of view as
353 visually larger puffed chickpeas are assumed to have more air incorporated into their
354 structure, leading desirable sensory properties. However, this is not always the case as puff
355 size is biased by the initial seed size. Hence Equation 4 is a better measure of true expansion
356 (without the bias of puffed yield or initial seed size) where higher values indicate puffed
357 samples with lower densities and more desirable textures.

358

359 *3.3.2. Effect of seed size on puff size*

360 Seed size may be expected to influence puff size in that larger unpuffed seeds already
361 are “ahead” of smaller ones. Comparing data in Table 3 (25 °C storage) and Figure 3, this
362 holds true for Line 5, largest seed size and largest puff size and for PBA Boundary and Line 8
363 – smallest seed and puff sizes. However, in between the extremes, there is no relationship
364 between seed size and puff size, although the variability in puff size was limited.

365

366 *3.3.3. Puff size following storage at 7.5 °C or 25 °C*

367 Storage temperatures did not have any significant effects on the puff size (Table 2).
368 The mean puff sizes after storage at 7.5 °C and 25 °C were 0.48 and 0.49, respectively and
369 were not significantly different for all the genotypes. In the absence of a significant
370 temperature effect, storage at ambient temperature would appear to be preferential given the
371 significant detrimental effect low temperature storage had on puffing yield (see above).

372

373 **4. Conclusions**

374 Puffing performance of Australian desi chickpeas ranged considerably in puffing
375 yield, and to a lesser degree by expansion. Five of the twelve genotypes examined were
376 found to give > 20% yield, and puffed successfully. The expansion volume equations in the
377 literature were designed for cereals and underestimated the puffability of some Australian
378 chickpea genotypes. Hence we developed a calculation of volume expansion (i.e. Equation
379 4), independent of puffing yield and initial seed size. By this equation, Line 4 at 25 °C was
380 found to have a good expansion on puffing, almost doubling in volume, but had a low puffing
381 yield. The effects of storage temperature on puffability were also examined. Low temperature

382 (7.5 °C) storage generally had a slight negative effect on puffing yield but no effect on the
383 degree of expansion, hence ambient temperature storage of seed may be preferred.

384 This study has shown that there is potential to improve Australian desi chickpea
385 qualities for commercial puffing by the traditional Indian method. As there was a wide
386 variation in puffing yield from this single trial, future work should be aimed at better
387 understanding the genetic and environmental contributions to this trait, as well as the
388 potential physical and physiochemical mechanisms affecting both puffing yield and
389 expansion volume.

390

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446

1 *List of tables*

2 **Table 1.** Puffing quality attributes for 12 Australian chickpea genotypes averaged over the
3 two storage temperatures.

4

5 **Table 2.** Puffing quality attributes following storage at 7.5 °C and 25 °C, averaged over the
6 twelve genotypes.

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8

9 **Table 3.** Expansion volume and puff size for Australian desi chickpeas after storage at 7.5 °C
10 and 25 °C.

11

12

13 Table 1

Chickpea genotypes	Attributes					
	Puffing yield (%)	Expansion volume 1	Expansion volume 2 (mL/g)	Expansion volume 3 (mL/g)	Expansion volume 4	Puff size (mL/seed)
Line 1	7 ^f	1.03 ^e	2.41 ^{ab}	0.15 ^f	1.60 ^{ab}	0.47 ^{ab}
Line 2	20 ^{bcd}	1.12 ^{bc}	1.88 ^b	0.37 ^{bcd}	1.36 ^b	0.46 ^b
Line 3	27 ^b	1.08 ^{bcd}	1.99 ^{ab}	0.50 ^b	1.40 ^b	0.49 ^{ab}
Line 4	9 ^{ef}	1.03 ^e	2.53 ^{ab}	0.20 ^{ef}	1.69 ^{ab}	0.53 ^{ab}
Line 5	10 ^{ef}	1.11 ^{bc}	2.26 ^{ab}	0.23 ^{def}	1.76 ^{ab}	0.6 ^a
Line 6	16 ^{cde}	1.13 ^{ab}	1.90 ^b	0.31 ^{cde}	1.42 ^b	0.47 ^{ab}
Line 7	21 ^{bc}	1.07 ^{cde}	2.03 ^{ab}	0.42 ^{bc}	1.49 ^b	0.52 ^{ab}
Line 8	12 ^{def}	1.09 ^{bcd}	2.33 ^{ab}	0.26 ^{def}	1.60 ^{ab}	0.42 ^b
Jimbour	10 ^{ef}	1.12 ^{bc}	2.73 ^a	0.25 ^{def}	1.95 ^a	0.54 ^{ab}
Kyabra	44 ^a	1.18 ^a	2.04 ^{ab}	0.85 ^a	1.40 ^b	0.48 ^{ab}
PBA Boundary	7 ^f	1.04 ^{de}	2.17 ^{ab}	0.15 ^f	1.50 ^{ab}	0.43 ^b
PBA HatTrick	14 ^{cde}	1.10 ^{bc}	2.19 ^{ab}	29 ^{cdef}	1.60 ^{ab}	0.46 ^b
<i>P</i> -Value	0.000	0.000	0.006	0.000	0.001	0.004
Significance	**	**	**	**	**	**

14 Genotypes with no letters in common within a column are significantly different at the 95%
 15 confidence level. *denotes significance of the attribute.

16

17

18 Table 2

19

20

Attributes	Storage temperature (°C)		<i>p</i> -value	Significance
	7.5	25		
Puffing Yield (%)	14 ^b	19 ^a	0.000	**
Expansion volume 1	1.10 ^a	1.08 ^b	0.003	**
Expansion volume 2 (mL/g)	2.19	2.22	0.751	
Expansion volume 3 (mL/g)	0.28 ^b	0.38 ^a	0.000	**
Expansion volume 4	1.55	1.58	0.636	
Puff size (mL/seed)	0.48	0.49	0.509	

21 Attributes with no letters in common within a row are significantly different at the 95% confidence
22 level. *denotes significance of the attribute.

23

Table 3

Chickpea genotypes	Expansion volume 1		Expansion volume 2 (mL/g)		Expansion volume 3 (mL/g)		Expansion volume 4		Puff size (mL/seed)	
	25 °C	7.5 °C	25 °C	7.5 °C	25 °C	7.5 °C	25 °C	7.5 °C	25 °C	7.5 °C
Line 1	1.04±0.01	1.02±0.01	2.50±0.23	2.32±0.14	0.17±0.03	0.13±0.03	1.65±0.12	1.56±0.13	0.48±0.04	0.46±0.04
Line 2	1.06±0.02	1.18±0.01	2.14±0.13	1.63±0.02	0.43±0.02	0.32±0.04	1.47±0.1	1.24±0.01	0.52±0.03	0.40±0.01
Line 3	1.08±0.06	1.08±0.01	1.91±0.13	2.07±0.27	0.45±0.14	0.55±0.1	1.36±0.1	1.43±0.2	0.46±0.05	0.51±0.06
Line 4	1.02±0.03	1.04±0.04	2.95±0.73	2.11±0.19	0.19±0.04	0.21±0.05	1.97±0.45	1.40±0.14	0.62±0.16	0.44±0.03
Line 5	1.12±0.02	1.10±0.03	2.21±0.42	2.48±0.61	0.34±0.16	0.16±0.05	1.67±0.21	1.85±0.3	0.56±0.07	0.64±0.1
Line 6	1.11±0.02	1.16±0.01	2.02±0.05	1.77±0.12	0.43±0.06	0.20±0.07	1.48±0.04	1.37±0.16	0.48±0.01	0.45±0.05
Line 7	1.06±0.01	1.09±0.04	2.02±0.1	2.03±0.18	0.55±0.14	0.29±0.07	1.47±0.11	1.51±0.1	0.53±0.01	0.50±0.03
Line 8	1.09±0.04	1.09±0.01	2.15±0.14	2.51±0.53	0.38±0.08	0.14±0.07	1.47±0.11	1.73±0.4	0.39±0.03	0.44±0.1
Jimbour	1.14±0.05	1.09±0.04	2.36±0.16	3.11±1.19	0.25±0.08	0.24±0.08	1.81±0.1	2.09±0.68	0.49±0.05	0.60±0.21
Kyabra	1.18±0.05	1.18±0.04	2.09±0.05	1.99±0.13	1.02±0.19	0.67±0.05	1.40±0.06	1.39±0.1	0.49±0.01	0.47±0.05
PBA Boundary	1.03±0.03	1.05±0.05	2.20±0.19	2.14±0.19	0.19±0.04	0.12±0.07	1.55±0.15	1.46±0.24	0.44±0.06	0.43±0.07
PBA HatTrick	1.03±0.04	1.18±0.03	2.24±0.21	2.14±0.1	0.24±0.02	0.34±0.07	1.60±0.03	1.59±0.17	0.47±0.0	0.46±0.03

Results are expressed as means ± standard deviations

List of figures

Figure 1. Three puffed chickpeas: a poor puffing line, an intermediate puffing line and Kyabra, which puffed well (from left to right) showing the range of differences in puffing performance.

Figure 2. Puffing yield of Australian desi chickpeas after different storage temperature treatment.

The darker and the lighter columns indicate puffing yield after storage at 25 °C and 7.5 °C, respectively. Results are expressed as mean values based on triplicate observations; error bars are the standard deviation.

Figure 3. Seed size (100 seed weight) for twelve Australian desi chickpea genotypes.

Results are expressed as mean values based on triplicate measurements. Genotypes with no letters in common are significantly different at the 95% confidence level.



Poor

Intermediate-puffing

Kyabra

Figure 1

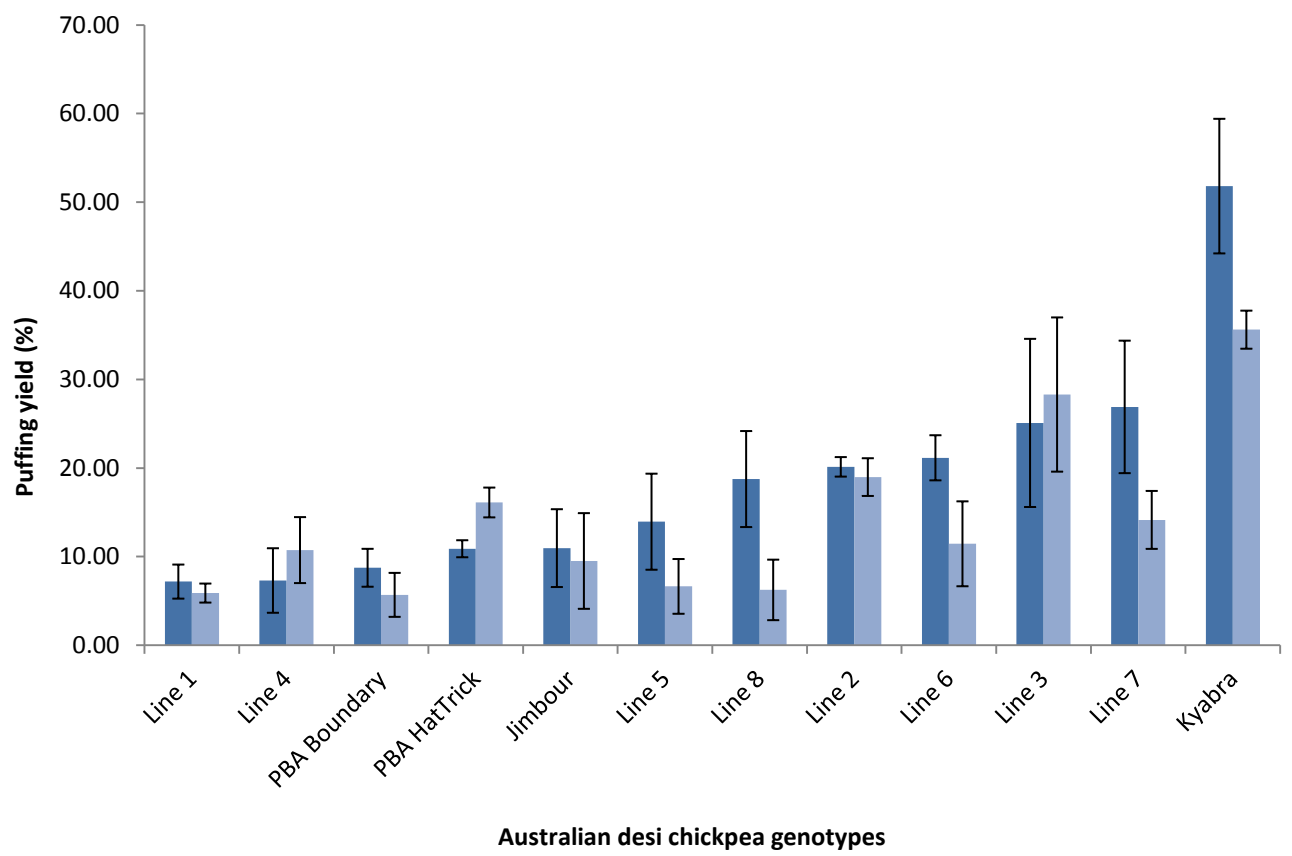


Figure 2

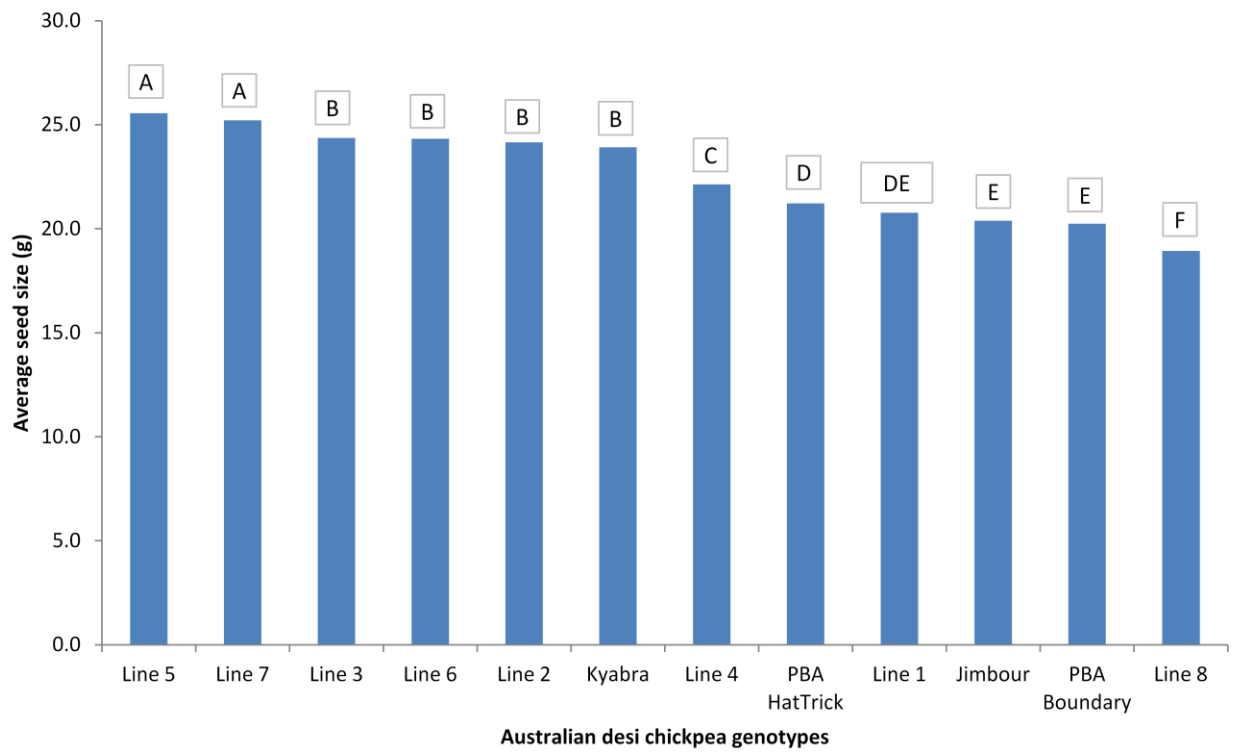


Figure 3